

CPI Nonviolent Crisis Intervention Training: 2nd Edition

****Registration closes at least 4 business days before training. All participants must pick up a copy of their book at their district office.***

The *CPI Nonviolent Crisis Intervention* Initial and Refresher Classes will be the same class for the 2020-2021 school year only. Since it is an updated course, all CPI classes will be 6 hours. The training will consist of 4 hours of virtual training for CPI Verbal De-escalation, and 2 hours of in-person training for the CPI Physical Interventions and holds for those that need the hands on certification. We ask that you bring the blue card from the booklet that you will receive before the virtual training session to the in-person Physical session. The instructor will then validate your certification once you have completed the Physical portion.

If your administrator requires you to be certified in the physical portion of this training you must first complete a virtual session and have your administrator contact professionallearning@nssed.org to schedule the 2 hour Physical Training in your district.

Through participation in this program, you will learn to identify different behavior levels that an agitated individual may experience from anxiety to a physically aggressive crisis situation. Through the CPI framework, you will learn proactive strategies for prevention, de-escalating strategies for low-level behaviors, physical intervention techniques for aggressive behavior, and strategies to repair and problem solve.

Learning Objectives/Outcomes (In person or virtually): In this training participants will:

- Identify and know how to respond to various levels of crisis behaviors.
- Recognize how to manage your own consistent, calm behavior in order to influence a positive outcome in a crisis situation.
- Learn strategies to strengthen nonverbal communication.
- Develop limit-setting strategies when verbally intervening to de-escalate defensive behaviors.
- Learn safety intervention strategies to maximize safety and minimize harm.
- Explore the *Decision-Making Matrix*SM when assessing Risk Behavior.
- Explore a framework to help guide staff and the individuals in distress through a process of re-establishing the relationship.

Physical Interventions (In-person only)

- Explore the Physical Skills Review Framework and key legal and professional considerations when using restrictive interventions.
- Demonstrate and practice non-restrictive and restrictive interventions that are consistent with a set of physiological principles.

Presenter Information: Kelli Hunt, NSSED District Services Coach; Jennifer Wagrowski, NSSED District Services Coach; and Sheena Watterson, NSSED Learning Coordinator.

Financial Disclosures: Kelli Hunt, Jennifer Wagrowski, and Sheena Watterson are employees of Northern Suburban Special Education District.

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Nonfinancial Disclosures: Kelli Hunt and Sheena Watterson are Crisis Prevention Institute (CPI) Certified Instructors and are collaborating with CPI around program development. They do not receive payment for their collaboration with CPI.

This training will be offered multiple times throughout the school year.

Location of Course: Zoom Meeting or (NTC) NSSED Training Center; Highland Park, Illinois

Date of Course: Please see the available courses listed in Midas

Course start & end time: Please see the available courses listed in Midas

****Due to this being a certification training we are unable to accommodate anyone who is 20 minutes late or anyone who requests to leave early. If you are unable to be present for the entire session, please consider looking at a date that best suits your schedule.****

This course contains a section that requires physical training, casual clothing & gym shoes are recommended.

Satisfactory Completion for Live and Virtual Courses:

Credit for attending a course is based on your signature on the sign in sheet as well as sign out sheet.

All virtual courses will be held via Zoom Meetings or Zoom Webinar. Once registered, an email will be sent a week before the session with the link and instructions on how to join the Zoom Meeting/ Webinar.

If attending a virtual course, attendance is based on your virtual signature in and out of the session. You will be asked to type your full name into the chat feature on Zoom when you enter the meeting and again type your full name before you leave the meeting. Failure to provide a virtual signature in and out may result in partial or no credit. Live Zoom Webinars will track your attendance automatically.

Participants are expected to attend the entire session to earn credit. Partial attendance may result in partial or no PD credit.

All participants must complete an electronic evaluation of the class within two weeks of the session or final session to be sent a certificate. Individual courses may specify additional requirements for satisfactory completion, please check the course description for additional requirements.

All communication will come from ProfessionalLearning@nssed.org

Cost Information: There is a \$10.00 material fee for the Nonviolent Crisis Intervention Workbook for each participant. Each workbook contains a blue card and code that proves your certification. A used workbook will not be valid for certification or recertification. This class is open to only NSSED employees and Member District* employees. All Registration or material fees will be billed directly to the school district that employs the participant after the session is complete or the first session in a series is complete. Individuals are asked to not bring payment to the session.

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Cancellations: There is no cancellation fee, though we ask for advanced notice to open the spot for another person. NSED reserves the right to cancel any workshop due to low enrollment.

Refunds: NSED does not charge prior to the start of the course. If an individual attends the first day of a learning series but is unable to attend the remaining sessions, the school district that employs the participant is able to designate an alternate person. It is up to the individual no longer attending the program to give their replacement the information learned in the first session.

***Member Districts include:**

- Northbrook 27, Northbrook 28, Sunset Ridge 29, Glenview/Northbrook 30, West Northfield 31, Glenview 34, Glencoe 35, Winnetka 36, Kenilworth 38, Lake Bluff 65, Lake Forest 67, Bannockburn 106, Deerfield 109, North Shore 112, Township HS 113, Lake Forest 115, New Trier 203, Glenbrook 225.

Have a question? Check out the Professional Learning FAQs or contact professionallearning@nssed.org.